

Trauma Care



Post-Traumatic Stress Disorder (PTSD) is a serious condition that can affect anyone who has experienced a traumatic episode or repeated exposure to traumatic episodes.

It can leave a person debilitated by severe anxiety, nightmares, flashbacks and uncontrollable thoughts about an ordeal. Left untreated, symptoms can worsen and leave an individual unable to cope with everyday life.

Studies show that accurately and effectively addressing symptoms and distressed functioning early can have significant impact on successful recovery and return to normal functioning.

A New Response

Homewood Health™, in partnership with VFIS, is offering Trauma Care Program—a new mid- to long-term treatment option for Firefighters experiencing trauma symptoms.

This unique program model is designed to utilize industry best practices such as Cognitive Behavioural Therapy, resiliency training and a wide range of online mindfulness

tools for individuals who remain on the job but are struggling with acute or long-term trauma symptoms.

The program provides up to 20 hours of individual treatment.

Our Unique Partnership

VFIS is offering Firefighters the opportunity to take advantage of this program through their Post Traumatic Stress Disorder Benefit. Through this benefit, Firefighters are eligible for covered access to Homewood's treatment for trauma experienced on the job.



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Program Access

This fee for service program must be initiated through VFIS in order to be eligible for reimbursement. Firefighters must first meet the definition of traumatic incident*.

To initiate a claim, Firefighters can access the initial claim report and Attending Physician Statement form online at www.vfiscanada.com.

Completed forms can be returned to VFIS by fax at 1.855.558.0014 or electronically to Canada@vfis.com. Once approved, a Firefighter has the option to be contacted by a member of Homewood Health's Trauma Care Intake team to initiate services, or to call Homewood Health directly at 1.800.663.1142 and request Trauma Care services.

***Traumatic Incident** – means an abnormal experience, outside the range of usual human experiences and includes, but is not limited to:

1. Line-of-duty death or serious injury to other **Insured Persons**;
2. A single incident having multiple casualties;
3. Death or serious injury of a child; and
4. Dealing with victims known to the **Insured Person**.

Specialized Clinicians

Clinicians are specifically selected for this service. They have expertise and specific training in evidence-based psychotherapy, particularly Cognitive Behavior Therapy, relating to PTSD, as well as mood and anxiety disorders. Trauma Care clinicians also have experience working with military personnel and first responders and have undergone additional training regarding the cultural perspectives shared by many individuals in these occupations.

